

OVERVIEW

COMOX PADDLERS CLUB (CPC)

Purpose

The Comox Paddlers Club is a society under the British Columbia Societies Act. The purpose of the society is to coordinate paddling, recreational, social, and other activities for its members.

Outline

The CPC brings together people who share an interest in paddling and outdoor recreation. Members coordinate trips, outdoor activities and social events. Safety of members is a primary concern. Although in-Club training in paddling skills and safety practices is not provided, members are encouraged to take advantage of the many training opportunities offered by certified commercial providers in the region.

Officers

Club officers are elected at the Annual General Meeting in April. Canoe/Kayak BC (CKBC) will be notified within 30 days of any changes to club officers and given membership numbers. CKBC will also be notified of any revisions to the club Policy and Procedures in a timely manner.

Current Status

The Comox Paddlers Club holds official meetings on a regular basis and coordinates multi-day, day and evening paddles in the immediate area and farther afield. Paddle coordinators are club members and are only responsible for providing administration and logistics planning for the trips. They do not act or operate as guides, coaches or instructors. The on-water activities are considered to be peer paddles and all participants are responsible for their own actions and safety. The club Policy and Procedure Manual provides regulations and safety instructions based on the Transport Canada Regulations and publications and emphasizes the responsibilities of paddlers. The manual and annual trip plan is available on the club website at <www.comoxvalleypaddlers.ca>.

On an annual basis CPC members are required to sign the Membership Disclosure of Responsibilities, Release of Liability, Assumption of Risk and Indemnity Policy and review the CPC expectations of trip participants. Sanctioned trips shall mean all trips approved by the CPC executive as reasonably expected to be within the CPC rating of Level I and Level IIa and IIb as per Annex E of the Policy and Procedures Manual. These trips will be circulated to all members, CKBC and posted to the Club website. Short notice trips require approval by an executive member and notice sent to the membership and CKBC. Rescheduling of approved trips or minor trip changes can be circulated to registered participants only. The CPC conducts on water operations in accordance with Transport Canada Small Vessels Regulations Subpart 2 “Pleasure Craft, Human Powered Pleasure Craft” and does not require an exemption per Subpart 3.216, “Racing Pleasure Craft”.

REVISED: Approved by the Executive: Date: April 09, 2018

COMOX PADDLERS CLUB

COMOX PADDLERS CLUB

CONSTITUTION BYLAWS AND POLICIES AND PROCEDURES MANUAL

The Comox Paddlers Club (CPC) is a recreational paddling club. A primary concern is the safety of all individuals who participate in the sport of paddling. The guidelines and recommendations presented in this Manual are the minimum requirements for the CPC and represent CPC's safety policy. All members and participants should carefully review these standards to ensure their familiarity with them.

REVISED

Approved by Executive: date: June 12, 2013

COMOX PADDLERS CLUB

CONSTITUTION

Name

The name of the society is Comox Paddlers Club.

Purpose

The purpose of the society is to coordinate paddling, recreational, social, and other activities for its members.

The club designates itself a member funded society.

COMOX PADDLERS CLUB

BYLAWS

Interpretation

1. In these bylaws,
 - “club” means the Comox Paddlers Club;
 - “coordinator” means a person approved by the officers to plan and coordinate a particular program;
 - "director" includes a trustee, officer, and a person occupying any such position by whatever name;
 - “general meeting” includes annual general meeting;
 - “membership” means, for the purposes of bylaws 6, 9, 11, 20, 22 and 24, members voting at a general meeting;
 - “officer” includes president, vice-president, secretary, and treasurer;
 - “ordinary resolution” means a resolution passed in a general meeting by a simple majority of votes cast;
 - “program” means any activity or event adopted by the club; and
 - “special resolution" means a resolution passed in a general meeting by a majority of not less than 66 2/3% of the votes cast if at least 14 days prior to such meeting, a notice specifying the intention to propose the resolution as a special resolution has been given to every member entitled to attend and vote.

Membership

2. An applicant for admission to the club shall be admitted as a member upon
 - (a) completing the application for admission;
 - (b) reading and signing the club Disclosure of Responsibilities, Release of Liability, Assumption of Risk and Indemnity Form;
 - (c) delivering them to an officer of the club; and
 - (d) paying the annual dues for the class of membership applied for.
3. There shall be three classes of members:
 - (a) single members, being individuals over 19 years of age who have paid a single membership fee;
 - (b) family members over 19 years of age, being members of a family with the same domicile, whether or not the persons heading the family are married or unmarried and who have paid a family membership; and
 - (c) honorary members, being members whom the Club wishes to honour and who become members for life who need not pay membership fees.
4. Subject to bylaw 3, all members
 - (a) subject to bylaw 2 and 3, have the right to participate in club activities;
 - (b) have the right to vote at general meetings; and

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- (c) are eligible to be elected and appointed as directors.
- 5. A member shall cease to be a member in good standing upon
 - (a) failing to pay the annual dues as and when prescribed by the directors;
 - (b) failing to sign the Disclosure of Responsibilities, Release of Liability, Assumption of Risk and Indemnity Form as and when prescribed by the executive;
 - (c) resigning from the club; or
 - (d) expulsion from the club.
- 6. A member may be expelled or suspended from the club by an ordinary resolution of the membership.

Meetings

- 7.
 - (a) General meetings shall be held as and when directed by the directors or on a petition of 20 per cent of the voting members.
 - (b) There will be an annual general meeting each year on a date set by the directors.
 - (c) Notice of a general meeting shall be sent to each member at least 14 days before the date of the meeting.
 - (d) Special general meetings may be held as required, providing that all members are notified at least 14 days prior to the meeting.
- 8. Three voting members or 20% of the voting membership, whichever is greater constitutes a quorum. If when the meeting is called there is no quorum, the meeting will be postponed for 15 minutes and three or more voting members present at that time will constitute a quorum.
 - (a) A majority of votes cast is sufficient to pass an ordinary resolution or motion at a meeting.
 - (b) Voting may be by a show of hands, or at the request of 20% or more voting members, by secret ballot.
 - (c) Voting by proxy is not permitted.

Directors and Officers

- 9. The directors shall consist of
 - (a) the officers, who shall be elected by the membership at each annual general meeting; but if a vacancy occurs, a replacement may be elected by the membership to serve until a successor is elected at the next annual general meeting;
 - (b) the previously elected President of the Club; and
 - (c) as many other directors as are appointed by the officers or elected by the membership, but all directors shall cease to hold office at the close of the annual general meeting following their appointment or election.
- 10. The president and vice-president may serve not more than two consecutive years in one office.
- 11. A director may be removed from office on an ordinary resolution of the membership.

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12. Before a resolution under bylaw 6 or 11 is voted on, the person who is the subject of the resolution has the right to a hearing.

13. Three directors shall constitute a quorum for directors meetings.

Duties of Officers

14. The president

(a) shall preside at all meetings of the club and of the directors.

(b) is the chief officer of the club and shall supervise the other officers in the execution of their duties.

15. The vice-president shall carry out the duties of the president during that person's absence.

16. In the absence of both the president and the vice-president from a meeting, the directors shall appoint another person to act as president of the meeting.

17. The secretary shall

(a) conduct the correspondence of the club;

(b) cause notices of meetings of the club and of the Directors to be issued;

(c) keep minutes of all meetings of the club and the directors;

(d) have custody of all records and documents of the club except those required to be kept by the treasurer.

18. The treasurer shall

(a) keep the financial records, including books of account, necessary to comply with the Society Act; and

(b) render financial statements to the directors, members and others when required.

19. In the absence of the secretary from a meeting, the directors shall appoint another person to act as secretary of the meeting.

Club Finances

20. The directors have all the powers necessary to manage the club; but shall not borrow money or use the club's assets as security unless authorized to do so by a special resolution of the membership.

21. All club revenues and expenditures shall be handled through the treasurer who shall act on behalf of the directors.

22. No member in his or her capacity as a member, officer or director shall be paid for any services rendered to, or on behalf of, the club; but the officers or the membership may authorize the payment of a member's out-of-pocket expenses where such payment appears to the officers to be in the club's best interests.

Miscellaneous

23. The constitution and bylaws of the club may be altered by special resolution provided that notice of the special resolution accompanies the notice of the general meeting.

24. The directors shall develop and maintain a Policies and Procedures Manual which shall contain instructions to club members on any subject that the membership or directors feel requires explanation, elaboration, direction, or control.

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25. The directors shall ensure that the Policy and Procedures Manual is reviewed annually.

26. The books and records of the club shall be available for inspection by the members at the annual general meeting and at any other time provided 30 days' notice is given.

Dissolution

27. Upon winding up or dissolution of the club, the assets which remain after payment of all costs, charges, and expenses which are properly incurred in the winding up shall be distributed to such charitable organization or organizations as may be determined by the members of the club at the time of winding up or dissolution. This provision shall be unalterable.

2017/18

COMOX PADDLERS CLUB

POLICY

AND

PROCEDURES

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COMOX PADDLERS CLUB POLICY AND PROCEDURES

On April 09, 2018, the 2019 CPC executive adopted this version of our Policy and Procedures. They shall become effective after being announced at the next CPC meeting scheduled to be held on May 3, 2018.

1.0 ADMINISTRATIVE POLICIES

1.1 Preparations for Annual, Special and General Meetings

1.1.1 PURPOSE: To outline the tasks that must be completed in advance of the Annual General Meeting ("AGM").

1.1.2 POLICY: The Executive (defined as "officers, directors and trustees") shall ensure that all required steps be taken to hold meetings of the membership.

1.1.3 PROCEDURES:

1. General Meetings shall be held as and when directed by the executive or on a petition of 20 percent of the voting members.
2. Notice of a General Meeting shall be sent to each member at least 14 days before the date of the meeting.
3. Special Meetings may be held as required, providing that all members are notified at least 14 days prior to the meeting.
4. A Quorum is defined as the greater of three voting members OR 20% of the voting membership, whichever is greater.
5. An Ordinary Resolution or Motion is carried/approved provided it receives a majority of votes cast at a meeting.
6. Voting is done by a show of hands, OR by secret ballot if requested by 20% or more of the voting members.
7. Voting by proxy is not permitted.

8. A Special Resolution (required for matters not normally addressed at meetings) must be passed at a General Meeting by a majority of not less than 66 2/3% of the votes cast. All club members must be given at least a 14 day notice specifying the intention/purpose and the wording of the proposed Special Resolution. Members are entitled and should be encouraged to attend the meeting and vote on the matter.

1.2 Filing of Annual Reports

1.2.1 PURPOSE: To outline the club's requirements under the BC Society Act.

1.2.2 POLICY: The executive shall ensure that all required filings be made as specified under the BC Society Act.

1.2.3 PROCEDURES:

1. The society shall file information in accordance with the guidelines of the Corporate Registry office to be found at: www.fin.gov.bc.ca (Currently located on that website under the Ministry & Organization tab as "BC Registries and Online Services").
2. Section 68 of The BC Society Act requires every society to file an Annual Report (Form 11) within 30 days after the Annual General Meeting was held.
3. Information must be current as at the close of the Annual General Meeting.
4. All changes of address, changes in directors and/or changes to the bylaws must be filed using the appropriate form and include the applicable filing fee.

1.3 Committee Structure and Roles

1.3.1 PURPOSE: To outline the organization, roles and responsibilities of CPC committees.

1.3.2 POLICY: The executive shall ensure that there are committees to provide for the coordination of club activities and events. The following Committees (or individual representatives) are currently deemed beneficial for the club:

1. **Trip Committee:** Shall develop and maintain the club's annual trip list. Duties include: identifying trips, finding coordinators, issuing coordinator instructions, collecting and forwarding trip forms to the secretary and generally assisting in the planning and execution of trips. Forward money collected on a trip from new memberships and non-member waivers to the treasure.
2. **Program Committee:** Will develop and arrange various club related program activities and lectures to be presented at CPC's monthly meetings.

3. **Training and Safety Committee:** Will coordinate the annual safety day, practice pool sessions, and other activities focused on ensuring club members are aware of effective safety practices and have the opportunity to practice their skills.

4. **Social Committee:** Will arrange for and coordinate the social activities of the club e.g. an annual Christmas and or yearend celebration.

5. **Website Committee:** Shall manage and maintain the CPC website through the posting of club information onto the site and keeping it current and informative.

6. **Membership Secretary (Committee):** Will maintain the club's membership list. Duties to include: a. maintaining and updating the membership and non-members (guest) details with the Canoe Kayak BC database (PadTrac). The Membership Secretary will be the chair if a committee is formed.

7. **Other Ad Hoc Committees:** CPC's executive can create additional special committees to deal with specific club issues when the need arises.

1.3.3 PROCEDURES:

1. **Meetings:** Committees will meet at the call of the Committee Chair.

2. **Reporting:** Committees or their Chair will report to the executive on the activities of their committees and shall call upon the executive for assistance when required.

3. **Succession:** Committees will be responsible for identifying and appointing their internal members and assist with identifying future committee members.

1.4 CanoeKayakBC ("CKBC") Membership

1.4.1 **PURPOSE:** To outline the relationship between CKBC and CPC.

1.4.2 **POLICY:** CKBC is primarily focused on competitive activities and events but is eager to support other on-water activities and to ensure that concern for safety is paramount among all on-water participants. CPC is a member club of CKBC and will adhere to CKBC policies and practices related to safety for recreational canoe and kayak activities. CPC may establish affiliate relationships between CPC and other organizations where the relationship provides benefits to the CPC membership.

1.4.3 PROCEDURES:

1. CPC will develop, update and adhere to a "Code of Safety" (see Annex A thru H), similar to those developed for CKBC's competitive sections but focused on the requirements of a recreational canoe/kayak club.

2. CPC will comply with the policies and procedures of CKBC to the extent that they apply to a recreational canoe/kayak club.

3. CPC will have access to the CKBC database for submission of membership information, reports and club activities. The liaison with CKBC will be delegated by CPC's President.

1.5 Insurance

1.5.1 PURPOSE: To outline CPC insurance arrangements.

1.5.2 POLICY: CPC will maintain insurance coverage under the auspices of the CKBC policy with Allsport Insurance. Details concerning the type and level of coverage are available at <<http://www.canoekayakbc.ca/administration/insurance-hosting>>.

1.5.3 PROCEDURES: CPC will comply with the CKBC procedures to ensure that insurance coverage is maintained for officers, directors, trustees and members of the club. A CPC officer or designate (currently the Membership Committee) will input all membership information in the CKBC database (PadTrac). Based on this membership CKBC will invoice CPC for the CKBC dues including the assessment for insurance. The CPC Treasurer will ensure that the CKBC invoices are paid in a timely manner.

2.0 FINANCIAL POLICIES

2.1 Maintenance and Review of Financial Records

2.1.1 PURPOSE: To designate an individual to maintain the books and records of the club and to ensure that they are maintained in good order.

2.1.2 POLICY: The books and records of the Comox Paddlers Club shall be maintained in good order by the Treasurer and shall be reviewed at least annually or as required by the Past President.

2.1.3 PROCEDURES:

1. The club shall maintain a bank account in the name of the Comox Paddlers Club.
2. The signing officer(s) shall be any one of the Treasurer, the President or a designated director.
3. The Treasurer shall deposit all membership dues and other receipts as soon as is practically possible.
4. All receipts for expenditures shall be filed in an orderly manner with the cheque number noted.
5. The Treasurer shall reconcile the bank account monthly and report the monthly opening balance, receipts, disbursements and the closing balance to the executive and membership.

3.0 MEMBERSHIP POLICIES

3.1 Communication with Members

3.1.1 PURPOSE: To ensure that the membership list is used to circulate only information related to paddling.

3.1.2 POLICY: The Comox Paddlers Club shall circulate only, paddling-related information and do so on an "information-only" basis.

3.1.3 PROCEDURES:

1. A CPC officer (currently the Recording Secretary) or designate will be responsible for circulating all club related material.
2. Members, or others, wishing to circulate paddling-information to the general membership will forward the information to the Recording Secretary or designate. They will determine if it is paddle related and therefore acceptable for distribution.
3. The Recording Secretary or designate then distributes the approved information.

3.2 Membership Records

3.2.1 PURPOSE: To ensure that the membership records are confidential.

3.2.2 POLICY: The Comox Paddlers Club shall obtain permission from each member to permit the member's email address and phone number to be available only to other club members.

3.2.3 PROCEDURES:

1. The Membership Secretary maintains a list of current members and their contact information. Memberships are valid for 12 months from the date of joining or renewing.
2. Members will be asked to sign a release to give permission to the club to include their names and contact information on a club membership list. Members not signing the release will not be included on the list.
3. To minimize spam, correspondence to groups of members via e-mail will be sent utilizing an "undisclosed" or "bcc" receipt list.

3.3 Disclosure of Responsibilities, Release of Liability, Assumption of Risk and Indemnity (DRRLARI)

3.3.1 PURPOSE: To ensure that the membership and all non-members (guests) have read and signed the Disclosure of Responsibilities, Release of Liability, Assumption of Risk and Indemnity Form (“Membership and Non-Member Release form).

3.3.2 POLICY: All members and non-members (guests) participating in Club activities must sign a DRRLARI Form.

3.3.3 PROCEDURES:

1. The Membership Secretary shall obtain a signed DRRLARI Form (included in the Membership Form) from each member with the membership application annually.
2. All non-members (guests) will sign a DRRLARI form (Non-Member Release Form – Annex G) prior to participating in club activities and pay the appropriate fee for insurance coverage (currently \$10/day). The Trip Coordinator will forward the signed forms and any fees collected to the Membership Secretary and any fees collected to the Treasurer upon completion of the activity.
3. The Membership Secretary will maintain signed DRRLARI forms for a period of two years.
4. These forms will be reviewed annually by the executive.

4.0 CLUB ACTIVITY POLICIES

4.1 Trip Policy

4.1.1 PURPOSE: The primary activity of the Club is to facilitate enjoyable and safe recreational paddling trip outings for members AND to ensure that all club members and non-members (guests) participating in club paddling activities are aware of the guidelines and responsibilities under which the paddling activity is offered.

4.1.2 POLICY: All members and non-members (guests) must be aware of the guidelines and responsibilities under which all paddling activities are offered.

4.1.3 PROCEDURES:

1. The CPC Trip Committee shall suggest a list of club trips that are reasonably expected to be within the Comox Paddlers Club Rating Levels I and II a and b (see Annex E).
2. The CPC executive will determine which trips will be accepted for the CPC trip schedule.

3. The Trip Coordinator's Guidelines shall be the basis of planning all club trips (see Annex A).
4. Information about club trips will be circulated to all members who have consented to be on the list, and included on the club's website (www.comoxvalleypaddlers.ca).
5. While each trip will be ranked by expected level, members need to understand that conditions can change during a trip. Therefore, all participants must sign the Comox Paddlers Club Trip Release Form before participating to confirm they understand this situation.
6. Any individual, member or non-member (guest), who has not signed a CPC Trip Release Form, will not be allowed to participate in the trip.
7. The Disclosure of Responsibilities, Release of Liability, Assumption of Risk and Indemnity Form (DRRLARI Form) signed by each member at the time of membership is understood to apply to all club trips. Every non-member (guest) on a trip must also sign the DRRLARI Form (Non-Member Release Form) for each day spent paddling.
8. Trip participants are expected to uphold CPC expectations regarding safety for themselves and the well-being of the group (see Annex B).
9. Trips, when underway, operate on a peer group consensual paddling basis. This means that trip participants using their good judgment should take appropriate steps to ensure safe paddling or any other decisions that are appropriate to the individual, the group, and the trip.
10. Trip Release Forms shall be retained by the Membership Committee or designate for a period of not less than 2 years.

4.1.4 Peer Paddles:

1. A "peer paddle" is a group of friends that decide to go out for a paddle. It is NOT a CPC sanctioned activity. Historically, this has usually been a last minute decision.
2. There is absolutely no insurance coverage for injury, damage, loss, etc for a peer paddle.
3. A person can use the club email list ONCE ONLY to communicate the idea of a peer paddle. Following that, any correspondence has to be done through private e-mail.
4. Once a paddle becomes a club event it can no longer be considered a "peer paddle". If a club e-mail list and/or website is used to further advertise any event, it is then considered a club event and the rules have to be followed as far as participants signing waivers and trip release forms, paying the required fee, etc.

5.0 EDUCATION POLICIES

5.1 Expectations of Members

5.1.1 Purpose: The club recognizes that safety education is vital to the members and the executive shall endeavor to make the membership aware of each member's trip expectations and guidelines.

5.1.2 Policy: To ensure that the membership is aware of the risks and responsibilities associated with paddling with the CPC.

5.1.3 Procedures:

1. The Comox Paddlers Club shall include at least one session on trip safety in each year.
2. The club and its members shall develop and update the CPC's "Expectations of Trip Participants" (see Annex B).
3. The CPC's Expectations of Trip Participants will be posted on the club's website.
4. The executive of the club will review the "Expectations of Trip Participants" document with the membership annually.

ANNEX A: CPC Trip Coordinator's Guidelines

1. Overview

- a) The trip/activity coordinator is a club member who volunteers to initiate and/or carryout planning and logistics for a club activity or trip.
- b) The coordinator is not an instructor, or a guide and does not assume responsibility for the skill levels of trip participants.
- c) Club members on any club activity or trip are responsible for their own skill level, equipment and safety.

2. Planning Activities of a Trip Coordinator:

- a) Declare an interest in coordinating a particular trip. If the trip is not one that has been approved by the CPC in the past, propose and describe the trip to the CPC executive for approval.
- b) Consult with the CPC executive to determine whether the trip rating is appropriate. Proposed trips are currently directed to the Vice President. The Trip Committee may be consulted for consideration and discussion of such a trip.
- c) If approved, the Trip Committee will contact both the Membership Committee and the Website Committee so that the trip will be added to the CPC trip schedule and circulated to the membership.
- d) Review Transport Canada Safe Boating Guide (TP 511E) <http://www.tc.gc.ca/media/documents/marinesafety/TP-511e.pdf> and Sea Kayaking Safety Guide (TP 14726E) <http://www.tc.gc.ca/publications/en/tp14726/pdf/hr/tp14726e.pdf>
- e) Provide necessary information to trip participants including: location, departure and return times, conditions, facilities, scheduled activities, trip rating, etc.
- f) Announce trip/activity cancellation in an appropriate manner and time due to weather or sea conditions, etc.

3. Trip Day Activities of a Trip Coordinator:

- a) Each trip coordinator will facilitate the group's prelaunch discussion concerning: on-water plans, safety and emergency preparedness and personal risks. This may include such specific issues as:
 - division of large groups into smaller pods based on paddler preference, speed, goals, or other criteria
 - information regarding access, route, timetable, tides, sea conditions, terrain and weather

- formations for crossings
- front and sweep (rear) paddlers
- identification of buddies
- paddle or whistle signals or radio contacts
- gear check

- personal limitations or medical conditions that may impact the trip, and • other items pertinent to the trip.

b) Have each participant sign the CPC Trip Release form.

c) Have non-members (guests) sign a DRRLARI form, called the Non-Members Release and pay the current amount required for the insurance fee before departing.

d) Complete the Trip Report form and submit it to the Trip Committee who will review it for any concerns then forward it to the CPC Recording Secretary to keep with the club's records. Photos are encouraged to be taken so they can be added to the CPC website and possibly presented at future club meetings.

ANNEX B: CPC Expectations of Trip Participants

Overview

1. The choice to paddle with a club peer group requires that all participants adhere to the consensus decisions of the group, and recognize the importance and responsibility of each participant for the safety of the entire group.
2. Comox Paddlers Club members do not provide instruction on club trips or during practice sessions. Club members are encouraged to further their own skill development through Paddle Canada recognized courses offered by: recreation departments, local vendors, SKILS, etc.
3. Participants must comply with the latest revisions to the Canadian Shipping Act applicable to kayaks and canoes as outlined in the Safe Boating Guide (Form TP5 11E).
4. Participants must wear their PFD's properly secured.
5. Participants must evaluate their own skill level in the context of the planned trip and attend only trips that they are competent to handle.
6. Participants must be prepared to participate in a peer paddling environment that considers the skills, knowledge and desires of all trip participants and operates according to consensus.
7. Participants should review the checklist for kayakers and canoeists (see Annex D).
8. Participants should review the Transport Canada guidelines (Form TP 14726E) for planning and preparing trips.
9. Participants must be fully aware of the effect of any alcohol, recreational or medicinal drug that he/she is using.
10. Dogs are not allowed.
11. Alcohol **MUST NOT** be consumed when paddling a CPC trip. There is a huge potential for accident or injury if participants in club trips consume alcohol when paddling. Regardless of signatures, the CPC insurance is null and void if there is an accident and alcohol was involved.
12. CPC insurance coverage is only in effect during the time spent on the water.
13. Participants must be aware of hypothermia and other water-related dangers, and how to take the appropriate measures and precautions.

ANNEX C:

Comox Paddlers Club Trip Release Form

Comox Paddlers Club Trip Release Form

I have read, signed and fully understand the Comox Paddlers Club (CPC) Disclosure of Responsibilities, Release of Liability, Assumption of Risk and Indemnity Form. By doing so, I free the CPC and Trip Coordinator of any responsibilities and liability for my personal safety. I will participate in the pre-launch discussion. I acknowledge that CPC trips and activities have a degree of inherent risk and that I assume any and all responsibility for my own safety.

Trip/activity	
Date	
Coordinator	

NAME	MEMBER	GUEST	SIGNATURE
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
16.			
17.			
18.			
19.			

Please return form to Trip Committee or executive member or scan and send to:
comoxpaddlers@gmail.com. Form must be completed each day on a multiday trip.

ANNEX D: Checklist for Operating Sea Kayaks and Canoes

Transport Canada regulations require that each kayak or canoe carry:

- **Personal flotation devices (PFD)** or lifejackets approved for use in Canada and of a suitable size for each person on board. PFDs must be comfortable and functional enough to be worn at all times (PFD WORN – CLUB POLICY).
- **A buoyant heaving line** at least 15 metres long (floating throw line or throw bag).
- **A manual propulsion device.** A paddle is a propulsion device and must be carefully selected. It may be made of wood, aluminum, plastic, or composite materials.
- **A bailer or manual water pump** for removing water. A pump is more efficient. A large sponge can be used to remove remaining water. Don't forget to tie them down.
- **A sound-signalling device.** You can use a whistle, a foghorn or compressed air foghorn.
- **Navigation lights.** Between sundown and sunrise or when visibility is reduced, a white light visible over 360° is preferable, but a watertight flashlight is acceptable.
- **A re-boarding device**, if freeboard is over .5 m.
- **A watertight flashlight and six flares**, if boat is over 8 m.
- **A magnetic compass** if not operated within sight of navigation marks.

It is also recommended you check the following before setting out:

- Water tightness of hull compartments and hatches. Lifting toggles at bow and stern. Rudder or centre board in good condition.
- Spare paddle and functional paddle float within easy reach.
- Compass well attached (removable models).
- Map and watertight case within easy reach and well attached.
- Small watertight sack with extra clothing and paddle food within easy reach.
- Radio in good working order (new and/or spare batteries).
- Distress flares in good working order (check expiry date) within easy reach.
- Working watertight flashlight with spare batteries.
- First aid kit suitable for the number of people and length of the excursion.
- Tide and current tables.
- Camping stove with appropriate fuel.
- Drinking water.
- Make sure you leave a copy of your trip plan and contingency plan with a third party.
- Listen to the latest weather and marine forecasts and make appropriate decisions.
- Establish a clear operating framework for group members (lead paddler, buddy system, last paddler, etc.). If you are not sure of your abilities, call on professional guides or outfitters.

ANNEX E: Trip Ratings (KAYAK)

Trips can be affected by weather conditions (particularly wind) and tidal currents. Participants must have adequate clothing, water and food supplies and are responsible for ensuring that they have the appropriate equipment and that it is in good working condition and they understand its use. Trip participants are expected to paddle with the group in a format suitable to the conditions (large crossings, boat traffic, wind waves and swells, etc.).

PERSONAL FLOATATION DEVICES (PFDs) MUST BE WORN AT ALL TIMES

Participants are responsible for their own training and personal safety.

A separate Trip Release Form must be signed by each individual participant for each day of a multi-day trip.

NOTE: Requirements listed are cumulative – e.g. Rating 3 implies Rating 2 requirements plus.....

Rating	Class	Paddlers must be able to:
1	Day Paddle Easy	<ul style="list-style-type: none"> • Use required and recommended safety equipment: pump, tow rope, PFD, paddle float, stirrup. • Enter their kayak from shoreline or dock. • Exit their overturned kayak (wet exit) and re-enter with assistance. • Paddle in calm water using rudder for up to 4 hrs. • Dress correctly for the conditions and water temperature (neoprene and other protective clothing available).
2a	Day paddle Intermediate	<ul style="list-style-type: none"> • Paddle in light winds (to 10 knots) and waves to 0.5 m. • Paddle in a straight line without the use of their rudder. • Wet exit and re-enter their kayaks. • Use the draw strokes, low and high brace. • Paddle up to 5 hours. • Paddle in open water and crossings in light to moderate winds up to two nautical miles.
2b	Multi-Day Basic Tripping	<ul style="list-style-type: none"> • Meet all requirements of 2a, plus: • Have a basic understanding of tides, currents, weather conditions/forecasting, and navigation. • Load kayak for tripping. • Assist in establishing camp efficiently and with low impact recommended camping procedures, including predator avoidance. • Suitably dress and be equipped for extended paddles and overnight trips in varying conditions of weather and sea.
3	Day paddle Advanced	<ul style="list-style-type: none"> • Paddle and turn in moderate winds (gusting to 20 knots) and wave/swell heights up to 1 m. • Confidently wet exit and re-enter kayaks and be able to assist others in rescues. • Confidently use of common paddle strokes. • Paddle in tidal currents. • Paddle up to 6 hours. • Paddle in open water and crossings in varying conditions over two nautical miles.

4	Tripping	<ul style="list-style-type: none"> • Have a basic understanding of tides, currents, weather conditions/forecasting, and navigation. • Load kayak for tripping. • Paddle their loaded kayak in waves up to 1 m. with moderate swells for up to 6 hours. • Assist in establishing camp efficiently and with low impact recommended camping procedures, including predator avoidance. • Suitably dress and be equipped for extended paddles and overnight trips in varying conditions of weather and sea.
5	Tripping Advanced	<ul style="list-style-type: none"> • Demonstrate a working knowledge of tides, currents, and weather. • Navigate using charts and compass (GPS). • Use and are licensed for VHF communications. • Paddle in waves up to 1.5 m with moderate swells and winds gusting to 20 knots for up to 8 hours. Paddle at a high level of skill using required paddling strokes and rescues. • Surf land and launch – helmet recommended. • Organize and establish a safe and effective camp in all weather conditions.

ANNEX E: Trip Ratings (CANOE)

Trips can be affected by weather conditions (particularly wind), tidal currents, and river levels. Participants must have adequate clothing, water and food supplies and are responsible for ensuring that they have the appropriate equipment in good working condition and understand its correct use. Trip participants are expected to paddle with the group in a formation suitable to the conditions (large crossings, boat traffic, wind, waves and swells, etc.). For river paddling, participants are expected to adopt safe procedures. PERSONAL FLOATATION DEVICES (PFDs) MUST BE WORN AT ALL TIMES Participants are responsible for their own training and personal safety.

A separate Trip Release Form must be signed by each individual participant for each day of a multi-day trip.

NOTE: Requirements listed are cumulative – e.g. Rating 3 implies Rating 2 requirements plus.....

FLATWATER

Rating	Class	Paddlers must be able to:
1	Day Paddle Easy	<ol style="list-style-type: none"> 1. Use required and recommended safety equipment including: throw rope, PFD, bailer, painters, whistle, spare paddle. 2. Enter their canoe from shoreline or dock. 3. Paddle in a straight line. 4. Paddle in calm water for up to 4 hours. 5. Carry and load canoe on vehicle (assistance possible). 6. Dress correctly for the conditions and water temperature. Have extra protective clothing available. (Coastal canoeing along an accessible shore only, with calm conditions, a favourable weather forecast, and with more advanced paddlers in the group.)
2a	Day Paddle Intermediate	<ol style="list-style-type: none"> 1. Meet all requirements of level 1 plus: 2. Paddle in light winds (to 10 knots) and waves to 0.5 m 3. Paddle for up to 5 hours. 4. Perform draw strokes, low and high brace, J-stroke, sweeps. 5. Re-enter an upset canoe, with assistance. (Coastal canoeing near the shore, with easy to moderate paddling conditions. Paddlers must have knowledge of tides, currents, weather, and marine hazards.)
2b	Multi-day Basic Tripping	<ol style="list-style-type: none"> 1. Meet all requirements of level 2a plus: 2. Have a basic understanding of tides, currents, weather conditions/forecasting, and navigation. 3. Load canoe for tripping. 4. Assist in establishing camp efficiently and with low impact recommended camping procedures, including predator avoidance. 5. Suitably dress and be equipped for extended paddles and overnight trips in varying conditions of weather and sea.
3	Day Paddle Advanced	<ol style="list-style-type: none"> 1. Meet all requirements of levels 1 and 2 plus: 2. Paddle for up to 6 hours along shore of large lakes, under possibly severe wind and wave conditions. 3. Perform a canoe over canoe rescue. 4. Portages canoe over easy terrain.
4	Tripping	<ol style="list-style-type: none"> 1. Meet all requirements of levels 1,2 and 3 plus: 2. Demonstrate basic understanding of weather conditions and forecasting. 3. Load canoe for tripping. 4. Paddle up to 7 hours with sufficient strength, endurance, and day-to-day stamina, including being able to paddle strongly at times of need. 5. Set up camp efficiently, in all weather conditions, utilizing predator avoidance practices. 6. Be suitably dressed and equipped for extended paddling and overnight trips

		<p>in varying weather conditions.</p> <p>7. Portage as required by the specific trip.</p> <p>8. Perform basic orienteering.</p> <p>9. Perform basic first aid, C.P.R. and know how to avoid and treat hypothermia.</p>
5	Tripping Advanced	<p>1. Meet all requirements of levels 1,2,3 and 4 plus:</p> <p>2. Paddle for up to 8 hours on lakes and Class 1 rivers, in severe wind and waves.</p> <p>3. Paddle at a high level of skill using all strokes.</p> <p>4. Be proficient at rescues.</p> <p>5. Have advanced orienteering and map reading skills.</p> <p>6. Plan meals, provide provisions, pack food and related preparations.</p>

Canoe Trip Ratings		
MOVING WATER		
Rating	Class	Paddlers must be able to:
1	Day Paddle Novice	<ol style="list-style-type: none"> 1. Paddle with currents less than 4 km/hour and clear channels without sweepers or rapids, for up to 4 hours and maintain control for short periods of time with currents of 6 km/hour and Class 1 rapids. 2. Perform the following strokes: draw, sweep, power, cross- draw. 3. Carry and load canoe on vehicle (assistance possible). 4. Enter canoe from shoreline 5. Use required and recommended safety equipment including: throw rope, PFD, bailer, sponge, painter, whistle, spare paddle helmets are recommended in moving water) 6. Dress correctly for the conditions and water temperature. Have extra protective clothing available. 7. Understand and perform the following safety skills: swimming a rapid, canoe over canoe rescue, self-rescue, line toss and rescue communications.
2	Day Paddle Intermediate	<ol style="list-style-type: none"> 1. Meet all requirements of level 1 plus: 2. Paddle in moving water with Class 1 and 2 rapids. 3. Perform pry, low and high braces, river J, sweeps, eddy turns, peel-outs, sideslips, forward and back ferries, S turns, front surf, 4. Perform lining, tracking, and wading. 5. Read and scout moving water; and recognize river dangers such as sweepers, ledges, entrapment, pillow rocks, eddy lines, etc. 6. Understand and practice safe individual and group paddling procedures. 7. Portage canoe.
3	Day Paddle Advanced	<ol style="list-style-type: none"> 1. Meet all requirements of levels 1 and 2 plus: 2. Paddle in rivers with rapids varying from Class 1 to Class 4. 3. Decide which rapids to run and which rapids to portage. 4. Perform rescues in rapids. 5. Participate in pre-trip rescue planning, and be able to participate in group rescues, in various roles and situations. 6. Plan and participate in the retrieval of pinned or broached canoes. (Canoeing at this level is only for skilled canoeists, in groups of at least three canoes, with someone who has demonstrated the ability to organize a rescue in moving water.)
4	Tripping	<ol style="list-style-type: none"> 1. Meet all requirements of levels 1, 2, and paras. 3, 4, and 5 of level 3 plus: 2. Paddle a loaded canoe and portage for up to 7 hours per day with sufficient strength, endurance, stamina and be able to paddle strongly at times of need. 3. Load, line and track a canoe for tripping 4. Set up camp efficiently, in all weather conditions, utilizing predator avoidance practices. 5. Demonstrate a basic understanding of weather conditions and forecasting. 6. Be suitably dressed and equipped for extended paddling and overnight trips in varying weather conditions 7. Perform the portages required by the specific trip. 8. Do orienteering to locate routes and portages. 9. Perform basic first aid, C.P.R. and know how to avoid and treat hypothermia.

continued...

5	Tripping Advanced	<ol style="list-style-type: none">1. Meet all requirements of levels 1,2 and 4 plus:2. Paddle and portage for up to 9 hours per day.3. Have considerable experience tripping at level 4.4. Be outfitted with appropriate gear.5. Be experienced and confident in all aspects of trip- ping, including physical abilities.6. Plan meals, provisions, food packing and preparation, as required. <p>(Canoeing at this level is only for skilled canoeists, in groups of at least three canoes, with someone who has demonstrated the ability to organize a rescue in moving water.)</p>
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International Whitewater Classification System

Class I: Fast moving water with riffles and small waves. Few obstructions, all obvious and easily missed with little training. Risk to swimmers is slight; self-rescue is easy.

Class II: Straightforward rapids with wide, clear channels which are evident without scouting. Occasional manoeuvring may be required, but rocks and medium sized waves are easily missed by trained paddlers. Swimmers are seldom injured and group assistance, while helpful, is seldom needed. Rapids that are at the upper end of this difficulty range are designated "Class II+".

Class III: Rapids with moderate, irregular waves which may be difficult to avoid and which can swamp an open canoe. Complex manoeuvres in fast current and good boat control in tight passages or around ledges are often required; large waves or strainers may be present but are easily avoided. Strong eddies and powerful current effects can be found, particularly on large-volume rivers. Scouting is advisable for inexperienced parties. Injuries while swimming are rare; self-rescue is usually easy but group assistance may be required to avoid long swims. Rapids that are at the lower or upper end of this difficulty range are designated "Class III -" or "Class III+" respectively.

Class IV: Intense, powerful but predictable rapids requiring precise boat handling in turbulent water. Depending on the character of the river, it may feature large, unavoidable waves and holes or constricted passages demanding fast manoeuvres under pressure. A fast, reliable eddy turn may be needed to initiate manoeuvres, scout rapids, or rest. Rapids may require "must" moves above dangerous hazards. Scouting may be necessary the first time down. Risk of injury to swimmers is moderate to high, and water conditions may make self-rescue difficult. Group assistance for rescue is often essential but requires practiced skills. A strong Eskimo roll is highly recommended. Rapids that are at the upper end of this difficulty range are designated "Class IV-" or "Class IV+" respectively.

Class V: Extremely long, obstructed, or very violent rapids which expose a paddler to added risk. Drops may contain large, unavoidable waves and holes or steep, congested chutes with complex, demanding routes. Rapids may continue for long distances between pools, demanding a high level of fitness. What eddies exist may be small, turbulent, or difficult to reach. At the high end of the scale, several of these factors may be combined. Scouting is recommended but may be difficult. Swims are dangerous, and rescue is often difficult even for experts. A very reliable Eskimo roll, proper equipment, extensive experience, and practiced rescue skills are essential. Because of the large range of difficulty that exists beyond Class IV, Class 5 is an open ended, multiple level scale designated by Class 5.0, 5.1, 5.2, etc... Each of these levels is an order of magnitude more difficult than the last. Example: increasing difficulty from Class 5.0 to Class 5.1 is a similar order of magnitude as increasing from Class IV to Class 5.0.

Class VI: These runs have almost never been attempted and often exemplify the extremes of difficulty, unpredictability and danger. The consequences of errors are very severe and rescue may be impossible. For teams of experts only, at favourable water levels, after close personal inspection and taking all precautions. After a Class VI rapids has been run many times, its rating may be changed to an appropriate Class 5.x rating.

ANNEX F:

**Membership Application
and Disclosure of Responsibilities,
Release of Liability,
Assumption of Risk
and Indemnity Form**

COMOX PADDLERS CLUB MEMBERSHIP APPLICATION

NEW MEMBER or RENEWAL

NAME: _____		
(Print)		
Telephone: _____		
Email Address: _____		
Address _____, _____, BC, _____		
Street Address	Town	Postal Code
Signature _____		
(NOTE: Must be 19 years of age or older)		

Do you: **KAYAK** **CANOE** **?**

YEAR MEMBERSHIP FEE: Individual (\$35) _____ Couple (\$60) _____ Cash _____ Cheque _____

Surname of Partner: _____

Make cheques payable to: Comox Paddlers Club Mail to: Box 10045, Comox, BC V9M 3S5

*** I agree that my phone number and email address may be circulated to other club members through the club's membership list for the purpose of providing contact information for club activities.

Initial: _____

PLEASE NOTE: Photos taken during club activities may be used on CPC's website and its social media.

Disclosure of Responsibilities, Release of Liability, Assumption of Risk and Indemnity Form:

Note: By signing this document you waive certain legal rights, including the right to sue. This document may be used against you in a court of law. (Please read carefully before signing).

The **Comox Paddlers Club (CPC)** is a group of people who share an interest in outdoor recreation and related activities. The group coordinates trips, activities, and social events for its members but does not provide professional services such as training or guiding.

RESPONSIBILITIES

The coordinator of the activity or trip is a volunteer who may or may not be an instructor, guide, or first aid attendant. The function of the coordinator is limited to coordinate the activity or trip. It is the responsibility of each member involved in a Comox Paddlers Club activity or trip to ensure that he/she has the necessary skills, experiences, fitness, health, and equipment for the requirements of the trip or activity. Each person is responsible for his/her safety, for having suitable first aid and safety supplies, and for confirming that his/her clothing and equipment are suitable for the trip or activity and in good working condition.

RISKS

Outdoor recreational activities and trips (hereinafter referred to as activities) are potentially dangerous and can result in property damage or loss, injury and death. Risks and hazards include but are not limited

to the effects of tides and currents, sudden and unpredictable changes in weather and water conditions, immersion in cold water, hypothermia, hazards of travel, forces of nature, acts of God, attacks by animals, falling, accident or illness occurring in remote areas, negligent or inadequate rescue operations, and the action, inaction or negligence of the Comox Paddlers Club, its directors, officers, members, volunteers, associates, agents and/or representatives (hereinafter referred to as "CPC AND OTHERS"). There may be other not known or reasonably unforeseeable risks and/or hazards associated with participation in CPC activities.

Initial: _____

ASSUMPTION OF ALL RISKS, RELEASE OF LIABILITY, AND INDEMNITY

I recognize and accept that CPC activities involve risks, hazards and dangers which are inherent in outdoor recreation. **I hereby freely accept and fully assume all such risks, dangers and hazards and the possibility of personal injury, death, and property damage or loss, including loss of income,** resulting there from. In consideration of permitting me to participate in CPC activities and for other good and valuable consideration,

I hereby agree as follows:

- 1.) That **I am responsible for my own safety and ensuring that I have the appropriate skills, experience, and equipment necessary** to participate in CPC activities;
- 2.) That I acknowledge and understand that **CPC activity coordinators are volunteers and may or may not in any way be trained, certified, or pre-qualified by CPC or any other organization or group** so far as their skills and abilities related to the activities concerned;
- 3.) **TO WAIVE ANY AND ALL CLAIMS** that I may have in future **against CPC AND OTHERS** (hereinafter referred to as the Releasees);
- 4.) **TO RELEASE THE RELEASEE(S) from any and all liability** for any loss, damage, injury, or expense that I may suffer or my next-of-kin may suffer as a result of my participation due to any cause whatsoever, **INCLUDING NEGLIGENCE OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE ON THE PART OF THE RELEASEE(S);**
- 5.) **TO HOLD HARMLESS AND INDEMNIFY THE RELEASEE(S) from any and all liability** for any property damage or loss or personal injury to any third party, resulting from my participation in the activities;
- 6.) That **this Release of Liability shall be effective and binding upon myself, my heirs, next-of-kin, executors, administrators, assigns and anyone else who may claim on my behalf** in the event of my death or incapacity;
- 7.) To permit video and photographic records of my participation in the activities to be taken;
- 8.) That in entering this agreement, I am not relying on any oral or written representations or statements made by the Releasee(s) other than those set forth in this agreement;
- 9.) That if it is held by a court of law that one or more of the provisions of this agreement are unenforceable, the remaining provisions shall remain in full force and effect.
- 10.) That this release and any actions, suits or claims will be governed by and interpreted in accordance with the laws of the Province of British Columbia; and
- 11.) That I have accepted responsibility to verify that I do not have any physical or psychological problems which would impair my ability to participate in the activities or would create undue risk to myself or others who may depend upon me during the activity.

I HEREBY ACKNOWLEDGE THAT I HAVE READ AND UNDERSTAND THIS AND THE PREVIOUS PAGE OF THIS DOCUMENT. I AM AWARE THAT BY SIGNING THIS DOCUMENT I AM WAIVING CERTAIN RIGHTS WHICH I OR MY NEXT OF KIN, HEIRS, EXECUTORS, ADMINISTRATORS AND ASSIGNS MAY HAVE AGAINST THE COMOX PADDLERS CLUB AND OTHERS.

Name (print) _____

Signature: _____ Date: _____

Witness Signature: _____

ANNEX G:

Non-Member Release Form

Comox Paddlers Club

Non-Member Release Form

Comox Paddlers Club Box 10045 Comox, B.C. V9M 3S5

Disclosure of Responsibilities, Release of Liability, Assumption of Risk and Indemnity Form

Note: By signing this document you waive certain legal rights, including the right to sue. This document may be used against you in a court of law. **Please read carefully before signing.

The Comox Paddlers Club is a group of people who share an interest in outdoor recreation and related activities. The group coordinates trips, activities, and social events for its members but does not provide professional services such as training or guiding.

Responsibilities The coordinator of the activity or trip is a volunteer who may or may not be an instructor, guide, or first aid attendant. The function of the coordinator is limited to coordinate the activity or trip. It is the responsibility of each member involved in a Comox Paddlers Club activity or trip to ensure that he/she has the necessary skills, experiences, fitness, health, and equipment for the requirements of the trip or activity. Each person is responsible for his/her safety, for having suitable first aid and safety supplies, and for confirming that his/her clothing and equipment are suitable for the trip or activity and in good working condition.

Risks Outdoor recreational activities and trips (hereinafter referred to as activities) are potentially dangerous and can result in property damage or loss, injury and death. Risks and hazards include but are not limited to the effects of tides and currents, sudden and unpredictable changes in weather and water conditions, immersion in cold water, hypothermia, hazards of travel, forces of nature, acts of God, attacks by animals, falling, accident or illness occurring in remote areas, negligent or inadequate rescue operations, and the action, inaction or negligence of the Comox Paddlers Club, its directors, officers, members, volunteers, associates, agents and/or representatives (hereinafter referred to as CPC). There may be other not known or reasonably unforeseeable risks and/or hazards associated with participation in CPC activities.

Assumption of All Risks, Release of Liability, and Indemnity I recognize and accept that CPC activities involve risks, hazards and dangers which are inherent in outdoor recreation.

I hereby freely accept and fully assume all such risks, dangers and hazards and the possibility of personal injury, death, and property damage or loss resulting therefrom.

In consideration of permitting me to participate in CPC activities and for other good and valuable consideration, **I hereby agree as follows:**

1. That **I am responsible for my own safety and ensuring that I have the appropriate skills, experience, and equipment necessary** to participate in CPC activities;

2. That I acknowledge and understand that **CPC activity coordinators are volunteers and may or may not in any way be trained, certified, or prequalified by CPC or any other organization or group** so far as their skills and abilities related to the activities concerned;
3. **TO WAIVE ANY AND ALL CLAIMS** that I may have **against CPC** (hereinafter referred to as the Releasee(s);
4. **TO RELEASE THE RELEASEE(S) from any and all liability** for any loss, damage, injury, or expense that I may suffer or my next-of-kin may suffer as a result of my participation due to any cause whatsoever, **INCLUDING NEGLIGENCE OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE ON THE PART OF THE RELEASEE(S);**
5. **TO HOLD HARMLESS AND INDEMNIFY THE RELEASEE(S) from any and all liability** for any property damage or loss or personal injury to any third party, resulting from my participation in this activity;
6. That **this Release of Liability shall be effective and binding upon my heirs, next-of-kin, executors, administrators, assigns and anyone else who may claim on my behalf** in the event of my death or incapacity;
7. To permit video and photographic records of my participation in this activity to be taken;
8. That in entering this agreement, I am not relying on any oral or written representations or statements made by the Releasee(s) other than those set forth in this agreement;
9. That if it is held by a court of law that one or more of the provisions of this agreement are unenforceable, the remaining provisions shall remain in full force and effect.
10. That this release and any actions, suits or claims will be governed by and interpreted in accordance with the laws of the Province of British Columbia; and
11. That I have accepted responsibility to verify that I do not have any physical or psychological problems which would impair my ability to participate in the activity or would create undue risk to myself or others who may depend upon me during the activity.

I hereby acknowledge that I have read and understand this and the previous two pages of this document.

Name: (print) _____ Date: _____

Signature: _____

(Note: Must be 19 years of age or older to participate.)

Witness Name(print) _____

Witness Signature: _____

NB. Initial page 1 on the bottom right corner

ANNEX H

Comox Paddlers Club Trip Report

A. Date:

B. Description of the Trip: (Please include launch site, time, lunch stops, etc)

C. Number of Attendees:

D. Trip Report: (Please indicate what worked, what could have been done better, what went wrong)

E. Fees Collected: Guests:

Memberships:

F. Trip Coordinator:

Please return this form and moneys to a Trip Committee Member or an Executive Member. The form can be scanned and send it to: Comoxpaddlers@gmail.com.