

## Trip Ratings (KAYAK)

**Trips can be affected by weather conditions (particularly wind) and tidal currents. Participants must have adequate clothing, water and food supplies and are responsible for ensuring that they have the appropriate equipment and that it is in good working condition and they understand its use. Trip participants are expected to paddle with the group in a format suitable to the conditions (large crossings, boat traffic, wind waves and swells, etc.).**

### **PERSONAL FLOATATION DEVICES (PFDs) MUST BE WORN AT ALL TIMES**

**Participants are responsible for their own training and personal safety.**

A separate Trip Release Form must be signed by each individual participant for each day of a multi-day trip.

NOTE: Requirements listed are cumulative – e.g. Rating 3 implies Rating 2 requirements plus....

Rating	Class	Paddlers must be able to:
1	Day Paddle Easy	<ul style="list-style-type: none"> <li>• Use required and recommended safety equipment: pump, tow rope, PFD, paddle float, stirrup.</li> <li>• Enter their kayak from shoreline or dock.</li> <li>• Exit their overturned kayak (wet exit) and re-enter with assistance.</li> <li>• Paddle in calm water using rudder for up to 4 hrs.</li> <li>• Dress correctly for the conditions and water temperature (neoprene and other protective clothing available).</li> </ul>
2a	Day paddle Intermediate	<ul style="list-style-type: none"> <li>• Paddle in light winds (to 10 knots) and waves to 0.5 m.</li> <li>• Paddle in a straight line without the use of their rudder.</li> <li>• Wet exit and re-enter their kayaks.</li> <li>• Use the draw strokes, low and high brace.</li> <li>• Paddle up to 5 hours.</li> <li>• Paddle in open water and crossings in light to moderate winds up to two nautical miles.</li> </ul>
2b	Multi-Day Basic Tripping	<ul style="list-style-type: none"> <li>• Meet all requirements of 2a, plus:</li> <li>• Have a basic understanding of tides, currents, weather conditions/forecasting, and navigation.</li> <li>• Load kayak for tripping.</li> <li>• Assist in establishing camp efficiently and with low impact recommended camping procedures, including predator avoidance.</li> <li>• Suitably dress and be equipped for extended paddles and overnight trips in varying conditions of weather and sea.</li> </ul>
3	Day paddle Advanced  <i>(info only as trips at this level or above must be Peer Paddles)</i>	<ul style="list-style-type: none"> <li>• <i>Paddle and turn in moderate winds (gusting to 20 knots) and wave/swell heights up to 1 m.</i></li> <li>• <i>Confidently wet exit and re-enter kayaks and be able to assist others in rescues.</i></li> <li>• <i>Confidently use of common paddle strokes.</i></li> <li>• <i>Paddle in tidal currents.</i></li> <li>• <i>Paddle up to 6 hours.</i></li> <li>• <i>Paddle in open water and crossings in varying conditions over two nautical miles.</i></li> </ul>

## Trip Ratings (CANOE)

Trips can be affected by weather conditions (particularly wind), tidal currents, and river levels. Participants must have adequate clothing, water and food supplies and are responsible for ensuring that they have the appropriate equipment in good working condition and understand its correct use. Trip participants are expected to paddle with the group in a formation suitable to the conditions (large crossings, boat traffic, wind, waves and swells, etc.). For river paddling, participants are expected to adopt safe procedures. PERSONAL FLOATATION DEVICES (PFDs) MUST BE WORN AT ALL TIMES Participants are responsible for their own training and personal safety.

A separate Trip Release Form must be signed by each individual participant for each day of a multi-day trip.

NOTE: Requirements listed are cumulative – e.g. Rating 3 implies Rating 2 requirements plus.....

### FLATWATER

Rating	Class	Paddlers must be able to:
1	Day Paddle Easy	<ol style="list-style-type: none"> <li>1. Use required and recommended safety equipment including: throw rope, PFD, bailer, painters, whistle, spare paddle.</li> <li>2. Enter their canoe from shoreline or dock.</li> <li>3. Paddle in a straight line.</li> <li>4. Paddle in calm water for up to 4 hours.</li> <li>5. Carry and load canoe on vehicle (assistance possible).</li> <li>6. Dress correctly for the conditions and water temperature. Have extra protective clothing available. (Coastal canoeing along an accessible shore only, with calm conditions, a favourable weather forecast, and with more advanced paddlers in the group.)</li> </ol>
2a	Day Paddle Intermediate	<ol style="list-style-type: none"> <li>1. Meet all requirements of level 1 plus:</li> <li>2. Paddle in light winds (to 10 knots) and waves to 0.5 m</li> <li>3. Paddle for up to 5 hours.</li> <li>4. Perform draw strokes, low and high brace, J-stroke, sweeps.</li> <li>5. Re-enter an upset canoe, with assistance.</li> </ol> <p>(Coastal canoeing near the shore, with easy to moderate paddling conditions. Paddlers must have knowledge of tides, currents, weather, and marine hazards.)</p>
2b	Multi-day Basic Tripping	<ol style="list-style-type: none"> <li>1. Meet all requirements of level 2a plus:</li> <li>2. Have a basic understanding of tides, currents, weather conditions/forecasting, and navigation.</li> <li>3. Load canoe for tripping.</li> <li>4. Assist in establishing camp efficiently and with low impact recommended camping procedures, including predator avoidance.</li> <li>5. Suitably dress and be equipped for extended paddles and overnight trips in varying conditions of weather and sea.</li> </ol>
3	Day Paddle Advanced  <i>(info only as trips at this level or above must be Peer Paddles)</i>	<ol style="list-style-type: none"> <li>1. Meet all requirements of levels 1 and 2 plus:</li> <li>2. Paddle for up to 6 hours along shore of large lakes, under possibly severe wind and wave conditions.</li> <li>3. Perform a canoe over canoe rescue.</li> <li>4. Portages canoe over easy terrain.</li> </ol>